

# Ryan Petros, PhD, MSW, LICSW

University of Washington School of Social Work  
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## EDUCATION

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**University of Pennsylvania, School of Social Policy and Practice** 09/2012 – 08/2017  
Ph.D. Social Welfare, Adviser: Phyllis Solomon, PhD

**University of Minnesota, School of Social Work** 09/2007 – 07/2008  
Master of Social Work

**St. Olaf College, Department of Social Work**  
B.A. Social Work & English 09/1999 – 05/2003

## ACADEMIC APPOINTMENTS/AFFILIATIONS

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**University of Washington, School of Social Work** 09/2017 – present  
Assistant Professor  
Beals-Ferguson Scholar in Behavioral Health

## PEER REVIEWED PUBLICATIONS (\* STUDENT CO-AUTHOR)

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**Petros, R.**, Walker, D. D., Pierce, A. \*, & Monroe-DeVita, M. (*in press*). Scoping review of cannabis-reduction psychosocial interventions and reasons for use among young adults with psychosis. *Journal of Dual Diagnosis*.

**Petros, R.**, Walker, D. D., Davis, A. \*, & Monroe-DeVita, M. (*in press*). Family members of young adults with psychosis: Intentions to use motivational interviewing to address cannabis use. *American Journal of Psychiatric Rehabilitation*.

**Petros, R.**, Walker, D. D., Davis, A. \*, & Monroe-DeVita, M. (2023). Provider intentions to implement cannabis use intervention in first episode psychosis treatment. *Community Mental Health Journal*.

Fredriksen-Goldsen, K., Teri, L., Kim, H-J., La Fazia, D., McKenzie, G., **Petros, R.**, Jung H. H., Jones, B. R., Brown, C., & Emler, C. A. (2023). Design and development of the first randomized control trial intervention (IDEA) for sexual and gender minority older adults living with dementia and care partners. *Contemporary Clinical Trials*. doi:10.1016/j.cct.2023.107143

Fredriksen-Goldsen, K. I., **Petros, R.**, Jung, H., Kim, H-J. (2023). Sexual minority disparities in subjective cognitive impairment: Do they persist after accounting for psychological distress? *Journal of Aging and Health*. doi:10.1177/08982643231156286

**Petros, R.**, Lapham, J. \*, Wierman Rubin, B., & De Fries, S. (2022). Supporting clinical development through integrative continuing education for field instructors. *Clinical Social Work Journal*. doi:10.1007/s10615-022-00857-9

**Petros, R.**, Walker, D. D., Davis, A. \*, & Monroe-DeVita, M. (2022). Young adults with psychosis: Intentions for cannabis reduction and cessation based on theory of planned behavior. *Psychiatric Rehabilitation Journal*, 45(4), 352-361. doi:10.1037/prj0000542

Wimberly, A. S., **Petros, R.**, Sacco, P., Tennor, M., Murray-Browne, S., & Arikat, L. (2022). Factors that contribute to stigma toward opioid users among social work students. *Social Work Practice in the Addictions*. doi:10.1080/1533256X.2022.2103982

Mallonee, J. \*, **Petros, R.**, & Solomon, P. (2022). Explaining engagement in outpatient therapy among adults with serious mental health conditions by degree of therapeutic alliance, therapist empathy and perceived coercion. *Psychiatric Rehabilitation Journal*, 45(1), 79-88. doi:10.1037/prj0000490

Fredriksen-Goldsen, K. I., Jung, H., Kim, H-J., **Petros, R.**, & Emler, C. (2022). Disparities in subjective cognitive impairment by sexual orientation and gender in a national population based study of U.S. adults, 2013-2018. *Journal of Aging and Health*, 34(4-5), 519-528. doi:10.1177/08982643211046466

**Petros, R., Tuohy, M. K.\*, Bressi, S., Kerrick, G., & Solomon, P. (2021).** Measuring community integration: Development and psychometrics of the Community Connections and Engagement Scale. *Administration and Policy in Mental Health and Mental Health Services Research*, 48(4), 619-632. doi:10.1007/s10488-020-01095-2

**Petros, R., & Solomon, P. (2021).** How adults with serious mental illness learn and use Wellness Recovery Action Plan's recovery framework. *Qualitative Health Research*, 31(4), 631-642. doi:10.1177/1049732320975729

Solomon, P., & **Petros, R. (2021).** What's the function of outpatient commitment?. *Administration and Policy in Mental Health and Mental Health Services Research*, 48, 1-3. doi:10.1007/s10488-020-01027-0

Labrum, T., **Petros, R., Jacobs, L. A., & Flores, A. (2021).** Supportive and problematic interactions between sexual minorities with serious mental illness and non-intimate partner relatives. *Journal of Psychosocial Rehabilitation and Mental Health* 8(1), 19-27. doi:10.1007/s40737-020-00193-6

Solomon, P., & **Petros, R. (2020).** Finding common ground for diverging policies for persons with severe mental illness. *Psychiatric Quarterly*, 91, 1193-1208. doi:10.1007/s11126-020-09821-7

**Petros, R., & Solomon, P. (2020).** Examining factors associated with perceived recovery among WRAP users. *Psychiatric Rehabilitation Journal*, 43(2), 132-139. doi:10.1037/prj0000389

**Petros, R., & Solomon, P. (2020).** Social workers' propensity to endorse recovery-oriented service provision: A randomized factorial design. *British Journal of Social Work*, 50, 42-61. doi:10.1093/bjsw/bcz021

**Petros, R., & Solomon, P. (2019).** Application of Self-Determination Theory to Illness Self-Management Interventions: Identifying Mediators. *Administration and Policy in Mental Health and Mental Health Services Research*, 46(6), 760-767. doi:10.1007/s10488-019-00953-y

Dotolo, D., **Petros, R., & Berridge, C. (2018).** A hard pill to swallow: Ethical problems of digital medication. *Social Work*, 63(4), 370-372. doi:10.1093/sw/swy038

**Petros, R., Solomon, P., Linz, S., DeCesaris, M., & Hanrahan, N. P. (2016).** Capabilities approach: Contextualizing participants' perspectives on systems barriers to recovery. *International Journal of Mental Health*. doi:10.1080/00207411.2016.1238742

Linz, S., Hanrahan, N. P., DeCesaris, M., **Petros, R., & Solomon, P. (2016).** Clinical use of an autovideography intervention to support recovery in people with severe mental illness. *Journal of Psychosocial Nursing and Mental Health Services*, 54(5), 33-40. doi:10.3928/02793695-20160420-04

**Petros, R., Solomon, P., Linz, S., DeCesaris, M., & Hanrahan, N. P. (2016).** Autovideography: The lived experience of recovery for adults with serious mental illness. *Psychiatric Quarterly*, 87(3), 417-426. doi:10.1007/s11126-015-9397-8

Solomon, P., DeCesaris, M., **Petros, R., Linz, S., & Hanrahan, N. (2016).** A pilot RCT of autovideography intervention to enhance recovery for people with severe mental illness. *Best Practices in Mental Health*, 12(1), 1-13.

**Petros, R., & Solomon, P. (2015).** Reviewing illness self-management programs: A selection guide for consumers, practitioners, and administrators. *Psychiatric Services*, 66(11), 1180-1193. doi:10.1176/appi.ps.201400355

#### **WORKS UNDER REVIEW**

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Jacobs, O.\*, & **Petros, R. (revise and resubmit).** "Not everything is going to work for everybody": Peers' understanding of self-determination shapes conceptualization and advocacy for peer respite. *American Journal of Psychiatric Rehabilitation*.

Fredriksen Goldsen, K., Kim, H-J., Teri, L., Jones, B. R., La Fazia, D., **Petros, R., Berridge, C., & Emlet, C. A. (under review).** Sexual and Gender Minority Older Adults Living with Dementia with No Care Partner: Findings from IDEA Café, the First Intervention for this Underserved Population. *The Gerontologist*.

Fredriksen Goldsen, K., Jones, B. R., Hoy-Ellis, Kim, H-J., C., Emlet, C. A., La Fazia, D., McKenzie, G., **Petros, R., & Teri, L. (under review).** The Virtual Adaptation of Innovations in Dementia Empowerment and Action (IDEA). *Contemporary Clinical Trials*.

Labrum, T., **Petros, R.**, & Newhill, C. E., & Hawk, M. (*revise and resubmit*). Recipients of representative payeeship with mental illness: Financial leverage, conflict, and satisfaction. *Community Mental Health Journal*.

#### **PRESENTATIONS AND TRAININGS**

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**Petros, R.**, Davis, A., Monroe-DeVita, M., & Walker, D. D. (January 15th, 2023). Intentions for cannabis reduction and cessation for young adults with psychosis: Critical inquiry guided by theory of planned behavior. Society for Social Work and Research Annual Conference: Phoenix, AZ.

Davis, A., **Petros, R.**, Monroe-DeVita, M., & Walker, D. D. (January 15th, 2023). Intentions to engage in motivational interviewing around cannabis reduction and cessation with young adult family members with psychosis: Critical inquiry guided by theory of planned behavior. Society for Social Work and Research Annual Conference: Phoenix, AZ.

**Petros, R.**, Lapham, J., & De Fries, S. (January 13th, 2023). Integrative continuing education for field supervisors to support clinical development of master of social work students. Society for Social Work and Research Annual Conference: Phoenix, AZ.

**Petros, R.**, Fredriksen-Goldson, K. I., Teri, L. (August 3<sup>rd</sup>, 2022). Aging with PRIDE: IDEA: Motivational interviewing promotes self-determination of LGBTQ adults with dementia and caregivers in first intervention study. Alzheimer's Association International Conference: San Diego, CA.

Labrum, T., **Petros, R.**, Jacobs, L., Newhill, C., & Hawk, M. (January 14<sup>th</sup>, 2022). Recipients of representative payeeship with mental illness: Financial leverage, conflict, and satisfaction. Society for Social Work and Research Annual Conference: Washington, D.C.

Mallonee, J., **Petros, R.**, & Solomon, P. (January 13<sup>th</sup>, 2022). Explaining engagement in outpatient therapy among adults with serious mental health conditions by degree of therapeutic alliance, therapist empathy, and perceived coercion. Society for Social Work and Research Annual Conference: Washington, D.C.

**Petros, R.**, Fredriksen-Goldson, K. I., Teri, L. (November 10<sup>th</sup>, 2021). Aging with PRIDE: IDEA: Cultural relevance of motivational interviewing for LGBTQ adults with dementia. Gerontological Society of America Annual Conference: Online.

**Petros, R.** (February 26, 2020). Supporting recovery for people with serious mental illness through self-management. West Virginia School of Medicine, Department of Behavioral Medicine and Psychiatry, Grand Rounds: Morgantown, WV.

**Petros, R.**, & Solomon, P. (January 19<sup>th</sup>, 2020). Explaining how adults with serious mental illness lean and use self-management. Society for Social Work and Research Annual Conference: Washington, D.C.

**Petros, R.**, Tuohy, M. K., & Solomon, P. (November 5, 2019). Measuring community integration. American Public Health Association Annual Conference: Philadelphia, PA.

**Petros, R.**, Marcenko, M., Ercin, H., Hoeft, T., Johnson, C., Srebnik, D., & Chwastiak, L. (January 19, 2019). Population health management: Advancing somatic health care in behavioral health organizations. Society for Social Work and Research Annual Conference: San Francisco, CA.

**Petros, R.**, Marcenko, M., Hoeft, T., Johnson, C., Srebnik, D., & Chwastiak, L. (January 18, 2019). Facilitators and barriers of integrated care: Perceptions of adults with serious mental illness. Society for Social Work and Research Annual Conference: San Francisco, CA.

**Petros, R.**, Tuohy, M. K., & Solomon, P. (January 14, 2018). Development and preliminary psychometrics of a scale measuring community integration: A community-based participatory research approach. Society for Social Work and Research Annual Conference: Washington, D.C.

**Petros, R.**, & Marcenko, M. (January 3, 2018). Transdisciplinary collaboration: Blessing and burdens for social work professionals. Doctoral Education Seminar, University of Washington School of Social Work: Seattle, WA.

**Petros, R.**, Lukens, J. M., & Solomon, P. (January 15, 2017). Examining social workers' behaviors: Randomized factorial surveys as methodology. Society for Social Work and Research Annual Conference: New Orleans, LA.

**Petros, R., & Solomon, P.** (January 13, 2017). Social workers' propensity to engage in recovery oriented services: A randomized factorial design. Society for Social Work and Research Annual Conference: New Orleans, LA.

**Petros, R., & Solomon, P.** (August 26, 2016). Selecting a self-management program to develop recovery strategies. International Association of Peer Supporters: Philadelphia, PA.

**Petros, R., Solomon, P., Linz, S., Decesaris, M., & Hanrahan, N.** (January 16, 2016). Autovideography: Conceptualization, context of recovery for adults with serious mental illness. Society for Social Work and Research Annual Conference: Washington, D.C.

**Petros, R., & Solomon, P.** (November 19, 2015). Examining Illness Self-Management Programs. New Jersey Psychiatric Rehabilitation Association Conference: Edison, NJ.

**Petros, R., & Noll, E.** (June 4, 2015). Assessing implementation of permanent supportive housing. National Psychiatric Rehabilitation Association Conference: Philadelphia, PA.

**Petros, R., Solomon, P.** (June 2, 2015). Guiding selection of illness self-management programs. National Psychiatric Rehabilitation Association Conference: Philadelphia, PA.

**Petros, R., Solomon, P.** (April 16, 2015). Choosing a self-management approach that best meets your needs. Grand Rounds, Department of Behavioral Health: Philadelphia, PA.

Linz, S., Hanrahan, N., Solomon, P., Decesaris, M., **Petros, R.** (April 15, 2015). Experience of recovery from a mental illness. Eastern Nursing Research Conference: Nursing Science, Evidence, and Policy: Creating a Culture of Health. Washington, DC.

**Petros, R.** (March, 2015). Augmenting systematic reviews: An example review of illness self-management programs with selection guide. School of Social Policy and Practice Research Symposium: Philadelphia: PA.

Wong, Y. L. I., Montgomery, A. E., & **Petros, R.** (February, 2015). Permanent Supportive Housing: Model development and implementation. Department of Behavioral Health Grand Rounds: Philadelphia, PA.

**Petros, R.** (April, 2014). Social workers' propensity for engaging in recovery-oriented practices: A randomized factorial survey. University of Pennsylvania iTalks Series: Philadelphia, PA.

**Petros, R.** (November, 2013). NRSA: Applying for funding through NIH. School of Social Policy and Practice Doctoral Student Proseminar: Philadelphia, PA.

**Petros, R.** (March, 2013). Coaching methods, reflective listening, and motivational interviewing. Institute of Leadership Coaching: Minneapolis, MN.

**Petros, R.** (November, 2011). Bed bugs: Managing work to escape paralyzing anxiety through prevention, identification, and treatment. Community University Health Care Center: Minneapolis, MN.

**Petros, R.** (November 2010). Diversity training: Queer communities and creating inclusive workplaces. HOPE Harbor: Minneapolis, MN

**Petros, R.** (May, 2010). Supportive Housing 101: Range, variation, benefits of permanent supportive housing. USPPRA/CSN Conference: Minneapolis, MN.

#### **FUNDED GRANTS, CONTRACTS, AND FELLOWSHIPS**

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**Washington State Adult Protective Services** 2023  
Co-Principal Investigator (\$308,000)  
Program Evaluation of Adults Protective Services

**Garvey Institute, University of Washington** 2022-2023  
Co-Investigator (\$100,000):  
Development of a cannabis intervention for young adults with psychosis

**Research Royalty Fund, University of Washington** 2021-2022  
Co-Investigator (\$50,000):

Adaptation and development of a cannabis intervention for young adults experiencing first episode psychosis

**Partnership in Mental Health**

2017-2021

Funder: Many Minds Collaborative

Principal Investigator: 2019 - 2021 (\$250,000)

PRACTICE (Promoting Recovery through Advanced Clinical Training and Integrative Continuing Education) seeks to enhance clinical competence of King County practitioners by training dyads of MSW students and field supervisors in motivational interviewing, recovery, and clinical supervision

Co-Investigator: 2017-2019 (\$1,000,000)

Project: Develop, implement, and evaluate population health management of chronic disease risk factors in behavioral health organizations

**Northwest Leaders in Behavioral Health Program**

2017-2021

Faculty: HRSA-funded training grant. \$1.5 million over 3 years

Project: Support training in behavioral health practice

**NIMH Mental Health Services Conference, Early Career Investigator Workshop** 2018

Selected to present "Peer-Delivered Problem-Solving Therapy for Adults with Serious Mental Illness"

**Community Driven Research Day Grant, Center for Public Health Initiatives** 2015

Co-Principal Investigator, CBPR with Elwyn, Philadelphia, PA (\$10,000)

Community Integration: A Psychometrically Sound, Usable Tool for Agencies

**National Research Service Award, NIMH**

2015

Principal Investigator, doctoral training grant (\$100,713)

Project: Recovering from Serious Mental Illness: Learning and Utilizing WRAP's Framework

**Scattergood Foundation**

2014

Co-Principal Investigator, grant to fund participant incentive payments (\$600)

Project: Social Worker Propensity to Endorse Recovery Oriented Services

**Summer Research Fellowship, School of Social Policy and Practice** 2013

Recovering from Severe Mental Illness: Learning and Utilizing WRAP's Framework

National Research Service Award grant preparation (\$6,000)

**TEACHING EXPERIENCE**

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**University of Washington, School of Social Work, Assistant Professor**

09/2017 – present

- Clinical Social Work with Individuals I: Theory and Practice
- Clinical Social Work with Individuals II: Theory and Practice
- Evidence-Based Practices for Clinical Social Work

**University of Pennsylvania, School of Social Policy and Practice**

05/2014 – 08/2017

- Qualitative Research Methods
- Introduction to Research Methods
- Direct Practice Research – online (synchronous) and classroom-based
- Dialectical Behavior Therapy (TA)

**Rutgers School of Social Work**

01/2017 – 08/2017

- Introduction to Research Methods

**Augsburg University, MSW Program – Adjunct Professor**

09/2010 – 04/2012

- Advanced Social Work Practice Methods
- Diversity and Inequality
- Intergroup Dialogue

**Writing Support Specialist**

08/2015 – 08/2017

- University of Pennsylvania, School of Social Policy and Practice
- Teach and coach writing strategies for doctoral and master-level students

## **DISSERTATION COMMITTEES, MASTER'S THESIS COMMITTEES, AND INDEPENDENT STUDIES**

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### **Doctoral Dissertation Committees**

- Mary Kay Tuohy, DSW, University of Pennsylvania, School of Social Policy and Practice (spring 2022)
  - “Beyond Engagement: Community Integration and Certified Peer Specialists”
  - Role: Member
- Jason Mallonee, DSW, University of Pennsylvania, School of Social Policy and Practice (spring 2020)
  - “The Impact of the Therapeutic Alliance and Client Perceptions of Therapist Empathy and Coercion on Engagement in Outpatient Psychotherapy”
  - Role: Member

### **Master's Thesis Committees**

- Olivia Jacobs, MSW: “Not Everything is Going to Work for Everybody”: How Peers’ Understanding of Self-Determination Shapes Their Conceptualizations of Peer Respite Centers (spring 2022) Role: Chair
- Georgiana Peters, MSW: What a “Stay Home, Stay Safe” order means when home isn’t safe: The impact of the COVID-19 pandemic on survivors of intimate partner violence and IPV service providers (spring 2020) Role: Member
- Caera Gramore, MSW: Understanding distancing behaviors in social justice activism and organizations: An interpretive descriptive study (spring 2020) Role: Member

### **Independent Studies**

- Monica Bell, MSW: Meaning-Centered, Multigenerational Practice and Severe Mental Illness (summer 2020)
- Oliver Edwards, MSW: Interventions for adults experiencing long-term homelessness and co-occurring mental health and substance use disorders (winter 2018)

## **PROFESSIONAL COMMITTEES AND ACADEMIC SERVICES**

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### **Editorial Board**

01/2023 – present

- Canadian Journal of Community Mental Health

### **Reviewer – Academic Journals**

06/2014 – present

- American Journal of Psychiatric Rehabilitation
- Clinical Social Work Journal
- Journal of Aging and Health
- Journal of the Society for Social Work and Research
- Psychiatric Rehabilitation Journal
- Social Work in Mental Health
- Violence Against Women

### **Reviewer – Grants**

- Hartford Center of Gerontological Excellence

05/2023

### **Reviewer – Conference Submissions**

- Society of Social Work and Research

06/2023

### **Academic Program Leadership**

- MSW Clinical Specialization Co-Chair
- MSW Mental Health Concentration Co-Chair

09/2020 – present

08/2017 – 09/2020

### **UW School of Social Work Committees**

- MSW Program Committee
- Faculty Council
- PhD Program Committee

09/2023 – present

09/2019 – 06/2023

09/2017 – 06/2019

### **Doctoral Student Steering Committee (School of Social Policy & Practice)**

- Co-chair

12/2012 – 12/2014 &

08/2016 – 12/2016

### **Social Work Professional Organizations**

- NASW Board Member (MN Chapter), At-large Representative
- Coalition for Licensed Social Workers (MN)

07/2010 – 07/2012

09/2010 – 07/2012

- Advisory Committee to Board of Social Work (MN)

10/2011 – 07/2012

#### **AWARDS AND HONORS**

**MSW Student Choice Teaching Award, UW School of Social Work**

2022

#### **PROFESSIONAL MEMBERSHIPS AND AFFILIATIONS**

**National Association of Social Workers**

**Society for Social Work and Research**

**The Goldsen Institute**

**Center for Excellence in Psychosis**

**Center for Studies in Demography and Ecology**

**The Northwest Behavioral Health Research Alliance**

#### **LICENSURE**

**Licensed Independent Clinical Social Worker, Minnesota**

#### **CLINICAL AND PRACTICE EXPERIENCE**

**Program Coordinator, Spectrum Community Mental Health**

05/2009 – 07/2012

*Minneapolis, MN*

- Complete administrative functions: supervise case managers, develop and manage budget for three programs
- Provide community-based case management: adults with histories of long-term homelessness, severe mental illness, substance use disorders
- Utilize and teach Motivational Interviewing, Illness Management and Recovery, harm reduction
- Provide clinical supervision to graduate-level social workers
- Facilitate MSW internship program
- Program types: permanent supportive housing and hospital-housing linkage

**Contract Therapist, PRISM Mental Health/PRIDE Institute**

06/2011 – 02/2012

*Minneapolis, MN*

- Conduct diagnostic assessments and provide outpatient therapy
- Primary population: queer adults with histories of mental illness and substance use disorders

**Intensive In-home Family Therapist / Team Lead – Face to Face**

07/2008 – 05/2009

**Intern Clinical Out-patient Therapist – Face to Face, St. Paul, MN**

09/2007 – 05/2008

*St. Paul, MN*

- Provide in-home family therapy and outpatient therapy to youth and families
- 4-6 month intensive therapeutic intervention focused on skills-building
- Complete diagnostic assessments and relevant paperwork under CTSS guidelines

**Caseworker – Supportive Housing: HOPE Harbor**

4/2006 – 06/2007

*Minneapolis, MN*

- Provide intensive case management to adults with histories of long-term homelessness, severe mental illness, substance use disorders
- Assist clients transition into and maintain stable housing

**Case Management Services:**

9/2003 – 11/2005

- Adoption Caseworker: Larimer County DHS, CO
- Case Manager of Medicaid Waiver Programs: Denver, CO
- Care Manager: Greenwich Social Services, London, England