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School of Social Work, University of Washington
Seattle, WA 98105

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EDUCATION: 1994-1997 NIMH Post-Doctoral Fellow, Psychiatric Epidemiology
University of Pittsburgh and Carnegie Mellon University

1988-1992 Ph.D., Developmental Psychology
University of Pittsburgh

1977-1980 M.S.W., Clinical Social Work with Children and Families
University of Pittsburgh; *University Scholar Award (highest distinction)*

1967-1968 M.Ed., Elementary Education
Tufts University

1962-1966 B.A., Philosophy, Religion
Smith College, *Dean's List 1962-64, 1965-66*

HONORS, FELLOWSHIPS, AND AWARDS:

2001-2002 Fellow, Center for Mental Health Services Research
School of Social Work, University of Pittsburgh
NIMH R24 award (MH56620, C. Anderson, P.I.)

2001 - 2003 Fellow, Junior Faculty Scholars Program
Western Psychiatric Institute and Clinic
University of Pittsburgh Medical Center
NIMH R25 award (MH60473, C. Reynolds, P.I.)

1994-1997 Postdoctoral Fellowship in Psychiatric Epidemiology
NIMH T32 (MH15169, N. Day, PI)

FACULTY APPOINTMENTS:

2010-present *Faculty Affiliate, West Coast Poverty Center, UW*

2007 - present *Research Associate Professor*
School of Social Work
University of Washington

2007 – present *Adjunct Associate Professor, Department of Psychiatry and Behavioral*
Sciences, University of Washington

2006 – 2007 *Associate Professor with Tenure*
School of Social Work

2000 - 2006	University of Pittsburgh Assistant Professor School of Social Work University of Pittsburgh
1998-2000	Visiting Assistant Professor Department of Psychology Reed College
1994-1998	Senior Research Associate and Adjunct Assistant Professor Department of Psychology Carnegie Mellon University
1992-1994	Visiting Assistant Professor Department of Psychology Smith College

PROFESSIONAL CLINICAL EXPERIENCE:

2009-present	Principal Investigator, The MOMCare Program School of Social Work, University of Washington
2007-2009	Principal Investigator, The Promoting Healthy Families Program School of Social Work, University of Washington
2004 - 2007	Clinical Faculty, Department of Psychiatry, Western Psychiatric Institute and Clinic University of Pittsburgh Medical Center
2001-2007	Principal Investigator, The Promoting Healthy Families Program School of Social Work, University of Pittsburgh
1997-1998	Women's Studies Research Associate University of Pittsburgh
1990-1992	Therapist in clinical social work practice with individuals, couples, and families Portner-Pilkonis Associates, Pittsburgh PA
1985-1990	Therapist in clinical social work private practice with individuals, couples, and families Nancy K. Grote, MSW, Pittsburgh, PA
1982-1985	Child and Family Therapist Parent and Child Guidance Center, Pittsburgh, PA
1980-1982	Child and Family Therapist Western Psychiatric Institute and Clinic University of Pittsburgh Medical Center

RESEARCH INTERESTS:

- Developing, testing and disseminating culturally relevant evidenced-based treatments for perinatal depression in low-income White and minority women. Developing, testing and disseminating brief a health services model of depression care in a public health setting to ameliorate depression in pregnant, low-income women and to prevent depressive relapse during the postpartum period.
- Identifying barriers to mental health care and developing and testing engagement strategies to address these barriers. Understanding the relationship between stigma about mental illness and treatment-related behaviors and attitudes in depressed African American and White individuals. Developing an engagement strategy using principles of ethnographic interviewing and motivational interviewing to engage and retain depressed, low-income, minority women in treatment.
- Assessing the association between chronic and acute stress and psychological distress in vulnerable individuals and families. The impact of various diatheses (e.g., chronic stress, pessimism, attachment style, and communal orientation) and stressful life events, such as the birth of a first child, on psychological and marital distress. Long-term psychosocial effects of war-related stress in Vietnam veterans and their families.
- Justice and distress in close relationships across the transition to parenthood. The associations among social comparisons, distributive justice norms, perceived fairness in family work (e.g., housework and child care), and psychological and marital distress across the transition to parenthood.
- Accelerating the coping process during marital and family transitions. Implementing and evaluating marital distress prevention programs before and after stressful normative events in family life.
- Love, intimacy, and relationship quality in close relationships over the life span. Gender differences in love and social support in close relationships. The theoretical and practical importance of Friendship-based Love in maintaining intimate relationships.

EXTRAMURAL RESEARCH GRANTS:

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|-----------------|--|
| 7/1/15-6/30/17 | Consultant: Nancy K. Grote, Ph.D.; Rajnish Mehrotra, MD (PI)
Patient-Centered Outcome Research Institute 66-9102 (PCORI CER-1310-07253)
Title: <i>ASCEND: A Trial of Sertraline vs. CBT for End-stage Renal Disease Patients with Depression</i> |
| 7/1/12–10/31/16 | Principal Investigator: Nancy K. Grote, Ph.D.
NIMH 3R01MH084897-04S1 (administrative supplement)
\$100,101/year
Title: <i>“FOR MOMS: Culturally Relevant Treatment Services for Perinatal Depression”</i> |
| 4/1/09-10/31/16 | Principal Investigator: Nancy K. Grote, Ph.D.
NIMH 1R01MH084897
\$639,750/per year
Title: <i>“FOR MOMS: Culturally relevant treatment services for perinatal depression”</i> |
| 7/1/12-6/30/15 | Co-Investigator: Nancy K. Grote, Ph.D.; Michael Silverstein, MD (PI)
NIMH 1R21MH097925-01 |

\$251,540/per year

Title *"Patient Navigation for Depressed Mothers in Head Start - An Engagement Strategy"*

- 8/1/09 - 5/31/14 Co-Investigator: Nancy K. Grote, Ph.D.
NIMH R01 MH085668 (Katon, PI)
\$323,159/year
Title: *"Reducing Disparities & Improving Care for Depression in OB-GYN Clinics"*
- 12/1/09-11/30/12 Consultant
NIMH 1R34 MH085881-01A1 (Weinreb, PI)
Title: *"Integrated Care Model for Homeless Mothers"*
- 2011-2012 Consultant
NIMH (3 R01 MH074636-03S1 (Stuart, PI)
Title: *Placebo Controlled Trial and Sertraline and IPT for Postpartum Depression*
- 2/03 -6/09 Principal Investigator: Nancy K. Grote, Ph.D
NIMH K23 MH67595
\$602,000
Title: *"Culturally relevant psychotherapy for perinatal depression"*
- 1/05 -1/06 Principal Investigator: Nancy K. Grote, Ph.D.
Scaife Family Foundation
\$20,000
Title: *"Culturally relevant psychotherapy for perinatal depression"*
- 1/03-12/04 Principal Investigator: Nancy K. Grote, Ph.D.
Staunton Farm Foundation, Pittsburgh, PA
\$38,400
Title: *"Culturally relevant psychotherapy for perinatal depression"*
- 12/03- 12/06 Principal Investigator: Holly A. Swartz, M.D.
Co-Investigators: Nancy K. Grote, Ph.D., Ellen Frank, Ph.D.,
M. Katherine Shear, M.D., Allan Zuckoff, Ph.D., James Schuster, M.D.
Staunton Farm Foundation, Western Psychiatric Institute and Clinic,
Community Care Behavioral Health.
\$150,000
Title: *"Improving Quality of Psychotherapy for Major Depression in Community Settings"*
- 6/05 – 6/07 Principal Investigator: Charlotte Brown, Ph.D.
Co-Investigators: Nancy K. Grote, Ph.D., Valire Carr-Copeland, Kya Conner, MSW,
University Center for Social and Urban Research (UCSUR), University of Pittsburgh
\$10,000
Title: *"Depression Stigma, Race, and Treatment Seeking Behavior and Attitudes"*
- 1/02-12/03 Principal Investigator: Nancy K. Grote, Ph.D.
Co-investigator: Charlotte Brown, Ph.D.
Center for Race and Social Problems, School of Social Work, University of Pittsburgh
\$7500

Title: "*Depression in low-income African American and White women:
The role of chronic stress*"

- 2001-2002 Principal Investigator: Nancy K. Grote, Ph.D.
Center for Mental Health Services Research, University of Pittsburgh
\$9,947
Title: "*Promoting Healthy Families: Feasibility of using brief
interpersonal psychotherapy for depression in an Ob/Gyn setting*"
- 2001 - 2002 Principal Investigator: Nancy K. Grote, Ph.D.
Central Research Development Fund, University of Pittsburgh
\$16,000
Title: "*Promoting Healthy Families: Feasibility of using brief interpersonal
psychotherapy for depression in low-income pregnant women in an Ob/Gyn setting*"
- 2001 - 2002 Principal Investigator: Nancy K. Grote, Ph.D.
Scaife Family Foundation
\$25,000
Title: "*Promoting Healthy Families: Feasibility of using brief interpersonal
psychotherapy for depression in low-income pregnant women in an Ob/Gyn setting*"
- 1997-2000 Principal Investigator: Nancy K. Grote, Ph.D.
Co-Investigators: Margaret S. Clark, Ph.D., Deborah Kashy, Ph.D.
NIMH R03 MH57914
\$25,000.
Title: "*Antecedents and consequences of fairness in family work judgments
across the transition to parenthood.*"
- 1997-1998 Principal Investigator: Nancy K. Grote, Ph.D.
Co-Investigator: Margaret S. Clark, Ph.D.
Pittsburgh Child Guidance Foundation.
\$25,000.
Title: "*The Promoting Healthy Families Project.*"
- 1996-1998 Principal Investigator: Nancy K. Grote, Ph.D.
Co-Investigator: Margaret S. Clark, Ph.D.
Scaife Family Foundation.
\$45,000.
Title: "*The Promoting Healthy Families Project.*"
- 1994-1997 Principal Investigator: Nancy K. Grote, Ph.D.
Co-Investigator: Margaret S. Clark, Ph.D.,
National Institute of Mental Health Postdoctoral Fellowship (Training Grant No.
NH15169) in Psychiatric Epidemiology.
\$80,000.
Title: "*Antecedents and consequences of fairness in family work judgments across the
transition to parenthood.*"

- 1992-1993 Principal Investigator: Irene H. Frieze, Ph.D.
 Co-Investigator: Nancy K. Grote, Ph.D.
 Army Research Institute for Behavioral and Social Sciences,
 U.S. Army Research Office (Contract DAAL 3-91-0034).
 \$20,000.
 Title : “*The Vietnam Experience and the Life Course.*”
- 1990-1991 Principal Investigator: Nancy K. Grote, MSW
 School of Education, University of Pittsburgh.
 \$1500 award for doctoral dissertation support.

TRAININGS IN EVIDENCE-BASED PRACTICES

- Cognitive Behavioral Therapy, Judith Beck, The Beck Institute, Bala Cynwyd, PA, 2000
 Interpersonal Psychotherapy, Ellen Frank, PhD, & Holly Swartz, MD, Western Psychiatric Institute & Clinic,
 Pittsburgh, PA 2001
 Motivational Interviewing, Allan Zuckoff, Western Psychiatric Institute & Clinic, Pittsburgh, PA, 2001

TEACHING RESPONSIBILITIES:

Courses taught for community clinicians in Pittsburgh and Seattle 2001 - 2015

- Interpersonal Psychotherapy
- Engaging Patients with Psychological Problems in Mental Health Care

MSW Courses taught at the School of Social Work, University of Pittsburgh (2000-2007)

- Advanced Direct Practice: Cognitive-Behavioral Theory and Therapy (SWINT 2031)
- Interpersonal Psychotherapy (SWINT 2087)
- Couples Therapy: Theory and Techniques (SWINT 2050)

Undergraduate Courses taught at the Department of Psychology, Reed College (1998-2000)

- Introduction to Psychology
- Psychopathology
- Clinical Psychology

Undergraduate Course taught at the Department of Psychology, Carnegie Mellon University (1996-1998)

- Theories of Attraction and Interpersonal Relationships

Undergraduate Courses taught at the Department of Psychology, Smith College (1992-1994)

- Introduction to Psychology
- Psychology of Women
- Gender and Close Relationships

Psychiatry Residency training at Western Psychiatric Institute and Clinic, Pittsburgh, PA (1988-1990)

- Couples and Family Therapy

PUBLICATIONS:

Refereed Journal Articles

Individual and Interpersonal Distress

Grote, NK., Simon, G, Russo, J, Lohr, MJ, Carson, K, Katon, WJ. Incremental cost-benefit analysis of

MomCare: Collaborative care for perinatal depression in economically disadvantaged women *Psychiatric Services, In Press.*

Bhaat, A., **Grote, NK**, Russo, JE, Lohr, MJ. (2017). Collaborative Care for Perinatal Depression in Socio-economically Disadvantaged Women: Adverse Neonatal Birth Events and Treatment Response. *Psychiatric Services, 68 (1)*, 17-24.

Silverstein, M.; Diaz-Linhart, Y.; **Grote, N.K.**, Cadena, L.; Cabral, H.; Feinberg, E. (2017). Harnessing the capacity of Head Start to engage mothers with depression in treatment. *Journal of Health Care for the Poor and Underserved, 28*: 14–23.

Silverstein, M., Diaz-Linhart, Y., **Grote, N.**, Cadena, L, Feinberg, E., Cabral, H. (2017). Patient navigation for depressed mothers in head start: A pilot study of intervention mechanism. *Journal of Community Psychology, 00*, 1-7.

Diaz-Linhart, Y., Silverstein, M., **Grote, N.**, Cadena, L, Feinberg, E., Ruth, B.J. & Cabral, H. (2016). Patient Navigation for Mothers with Depression who Have Children in Head Start: A Pilot Study, *Social Work in Public Health, 31(6)*:504-10.

Cukor, D., Lewis M., Cohen, L.M., Cope, E.L., Ghahramani, N., Hedayat, S.S., Hynes, D.M., Shah, V.O., Tentori, F., Unruh, M., Bobelu, J., Cohen, S., Dember, L.M., Faber, T., Fischer, M.J., Gallardo, R. Germain, M.J., Ghahate, D., **Grote, N.** et al. (2016). Patient and Other Stakeholder Engagement in Patient-Centered Outcomes Research Institute Funded Studies of Patients with Kidney Diseases. *Clin J Am Soc Nephrol., 11(9)*:1703-12.

Grote, N.K., Katon, W.J., Russo, J., Lohr, M.J., Curran, M.C., Galvin, E., Carson, K. A Randomized Trial of Collaborative Care for Perinatal Depression in Socio-Economically Disadvantaged Women: The Impact of Comorbid PTSD. (2016). *Journal of Clinical Psychiatry, 72 (11)*, 1527-1537.

Hedayati, S., Daniel, D., Cohen, S., Comstock, B. Cukor, D., Diaz-Linhart, Y. Dember, L., Dubovsky, A., Greene, T., **Grote, N.** et al. (2016). Rationale and design of A Trial of Sertraline vs. Cognitive Behavioral Therapy for End-stage Renal Disease Patients with Depression (ASCEND). *Contemp Clin Trials, 47*, 1-11.

Grote, N.K., Katon, W.J., Russo, J., Lohr, M.J., Curran, M.C., Galvin, E., Carson, K. Collaborative Care for Perinatal Depression in Socio-economically Disadvantaged Women: A Randomized Trial. (2015). *Depression and Anxiety, 32(11)*: 821-834. PMID: PMC4630126

Arnold, D.L., Enquobahrie, D.A., **Grote, N.K.**, VanderStoep, A., & Williams, M.A. (2015). Early pregnancy maternal vitamin D concentrations and the risk of gestational diabetes mellitus. *Paediatric and Perinatal Epidemiology, 3*,200-210. PMID: PMC4400239

Swartz, H.A., **Grote, N.K.**, & Graham, P. (2014). Brief interpersonal psychotherapy (IPT-B): Overview and review of the evidence. *American Journal of Psychotherapy, 68(4)*: 443-462.

Grote NK, Katon WJ, Lohr MJ, Carson K, Curran M, Galvin E, et al. (2014). Culturally relevant treatment services for perinatal depression in socio-economically disadvantaged women: the design of the MOMCare study. *Contemp Clin Trials, 39*:34-49.

Grote, N.K., Spieker, S.J., Lohr, M.J., Geibel, S.L., Swartz, H.A., Frank, E., Houck, P.R., & Katon, W.J. (2012). Impact of Childhood Trauma on the Outcomes of a Perinatal Depression Trial. *Depression and Anxiety, 29* (7), 563-573. PMID is 3554235.

Grote, N.K., Bridge, J., Gavin, A.F, Melville, J.L., Iyengar, S., & Katon, W.J. (2010). A meta-analysis of depression during pregnancy and the risk of preterm birth, low birth weight, and intrauterine growth restriction. *Archives of General Psychiatry, 67* (10), 1012-1024.

Brown, C., Conner, K.O., Copeland, V.C., **Grote, N.K.**, Beach, S., Schlarb, J., & Reynolds, C. (2010). Depression stigma, race, and treatment seeking behavior and attitudes. *Journal of Community Psychology, 38*, 350-368.

Conner, K., Copeland, V.C., **Grote, N.K.**, Koeske, G., Rosen, D., Reynolds, C., & Brown, C. (2010). Mental health treatment seeking among older adults with depression: The impact of stigma and race. *American Journal of Geriatric Psychiatry, 18*(6), 531-543.

Conner, K.O., Carr Copeland, V., **Grote, N.**, Koeske, G., Rosen, D., Reynolds, C., Albert, S., & Brown, C. (2010). Barriers to Treatment and Cultural Coping Strategies among Depressed African American Elders. *Journal of Aging and Mental Health, 14*(8), 971-983.

Grote, N.K., Swartz, H.A., Geibel, S.L, Zuckoff, A., Houck, P., & Frank, E. (2009). Culturally Relevant Brief Interpersonal Psychotherapy for Perinatal Depression. *Psychiatric Services, 60*, 313-321.

Conner, K.O. & **Grote, N.K.** (2008). A model for enhancing the cultural relevance of empirically-supported mental health interventions. *Families in Society, 89*(4), 1-9.

Swartz, H.A., Frank, E., Zuckoff, A., Cyranowski, J., Houck, P., Cheng, Y., Fleming, M.A., **Grote, N.K.**, Brent, D., & Shear, M.K. (2008). Brief Interpersonal Psychotherapy for Depressed Mothers Whose Children Are Seeking Psychiatric Treatment. *American Journal of Psychiatry, 165*, 1155-1162.

Grote, N.K., Swartz, H.A., Zuckoff, A. (2008). Enhancing interpersonal psychotherapy for mothers and expectant mothers on low incomes: Additions and adaptations. *Journal of Contemporary Psychotherapy, 38*, 23-33.

Grote, N.K., Zuckoff, A., Swartz, H., & Bledsoe, S.E., & Geibel, S.L. (2007). Engaging women who are depressed and economically disadvantaged in mental health treatment. *Social Work, 52* (4), 295-308.

Swartz, H., Zuckoff, A., **Grote, N.K.**, Frank, E., Spielvogel, H., Bledsoe, S.E., & Shear, M.K. (2007). Engaging depressed patients in psychotherapy: Integrating techniques from Motivational Interviewing and Ethnographic Interviewing to improve treatment participation. *Professional Psychology: Research and Practice 38*(4), 430-439.

Grote, N.K., Bledsoe, S.E., Larkin, J., & Brown, C. (2007). Depression in African American and White women with low-incomes: The role of chronic stress. *Social Work in Public Health 23* (2/3), 59-88.

Grote, N.K., & Bledsoe, S.E. (2007). Predicting postpartum depressive symptoms in new mothers: The role of optimism and stress frequency during pregnancy. *Health and Social Work, 32* (2), 107-118.

Grote, N.K., Bledsoe, S.E., Larkin, J., Lemay, E., & Brown, C. (2007). Stress frequency and depression in African American and White women with low-incomes: The protective effects of optimism and perceived control. *Social Work Research*, *31*, 19-33.

Bledsoe, S.E., & **Grote, N.K.** (2006). Treating depression during pregnancy and the postpartum: A preliminary meta-analysis focused on treatment and timing. *Research on Social Work Practice*, *16*, 109-120.

Grote, N.K., Bledsoe, S.E., Swartz, H.A., & Frank, E. (2004). Feasibility of providing culturally relevant, brief interpersonal psychotherapy for antenatal depression in an obstetrics clinic: A pilot study. *Research on Social Work Practice*, *14*, 397-407.

Grote, N.K., Clark, M.S., & Moore, A. (2004). Perceptions of injustice in family work: The role of psychological distress. *Journal of Family Psychology*, *18*, 480-492. PMC3025776

Grote, N.K., Swartz, H.A., Bledsoe, S. E., & Frank, E. (2004). Culturally relevant psychotherapy for perinatal depression in low-income Ob/Gyn patients. *Clinical Social Work*, *32*, 327-347.

Grote, N.K., & Frank, E. (2003). Difficult-to-treat depression: The role of contexts and co-morbidities. *Biological Psychiatry*, *53*(8), 660-670.

Grote, N.K., Naylor, N., & Clark, M.S. (2002). Perceiving the division of family work to be unfair: Do social comparisons, enjoyment and competence matter? *Journal of Family Psychology*, *16*, 510-522.

Grote, N. K., & Clark, M. S. (2001). Perceiving unfairness in the family: Cause or consequence of marital distress? *Journal of Personality and Social Psychology*, *80*, 281-293. Erratum, *Journal of Personality and Social Psychology*, *80*, 362.

Grote, N. K. & Clark, M. S. (1998). Distributive justice norms and family work: What is perceived as ideal, what is applied, and what predicts perceived fairness? *Social Justice Research*, *11*, 243-269.

Clark, M. S., & **Grote, N. K.** (1998). Why aren't indices of relationship costs always negatively related to indices of relationship quality? *Personality and Social Psychology Review*, *1*, 2-17.

Grote, N. K., & Frieze, I. H. (1998). Remembrance of things past: Perceptions of marital love from its beginnings to the present. *Journal of Social and Personal Relationships*, *15*(1), 91-109.

Grote, N. K., Frieze, I. H., & Stone, C. (1996). Children, family work traditionalism, and marital satisfaction: 'What's love got to do with it?' *Personal Relationships*, *11*, 211-228.

Grote, N. K., & Frieze, I. H. (1994). The measurement of friendship-based love in intimate relationships. *Personal Relationships*, *1*, (3), 275-300.

Bookwala, J., Frieze, I. H., & **Grote, N. K.** (1994a). Love, aggression, and satisfaction in dating relationships. *Journal of Social and Personal Relationships*, *11*, 625-632.

Reactions to War-related Stress

Grote, N. K., Frieze, I. H., & Schmidt, L. C. (1997). Political attitudes and the Vietnam War: A study of college-educated men of the Vietnam Generation. *Journal of Applied Social Psychology*, *27*, 1673-1693.

Bookwala, J., Frieze, I. H., & **Grote, N. K.** (1994b). The long-term, effects of early military service on quality of life in the middle years: The Vietnam experience. *Journal of Applied Social Psychology*, *24*, 529-545.

Book Chapters:

Grote, N. K., Swartz, Holly A. & Zuckoff, Allan (2016). Depression Treatment for Disadvantaged Women of Color. In Valerie Carr Copeland (Ed.), *People of Color in the United States Contemporary Issues in Education, Work, Communities, Health, and Immigration* Vol. 3, Health and Wellness (pp. 78 – 85). Santa Barbara, California: Greenwood.

Zuckoff, A.M., Swartz, H.A., & **Grote, N.K.** (2015). Motivational interviewing as prelude to psychotherapy for depressed women. In H. Arkowitz, H. Westra, W. R. Miller, & S. Rollnick (Eds.). *Motivational interviewing in the treatment of psychological problems. 2nd Edition.* pp. 136-169. New York: Guilford.

Conner, KO, Copeland, V., **Grote, N.**, & Brown, C (2015). *Stigma: impact on mental health and people of color.* In V. Copeland (Ed) *Contemporary Issues for People of Color: Surviving and Thriving in the U.S.* Today, Volume 4: Health and Wellness. Greenwood.

Clark, M.S, & **Grote, N.K.** (2012). Close relationships. I. Weiner, H. Tennen (Eds.), *Handbook of Psychology, Volume 5: Personality and Social Psychology*, Second Edition. Hoboken, NJ: John Wiley & Sons.

Grote, N. K., Swartz, H. A., & Zuckoff, A. (2012). Interpersonal psychotherapy for women with depression living on low incomes. In J. C. Markowitz & M. M. Weissman (Eds.), *Casebook of interpersonal psychotherapy* (pp. 296-320). New York, NY: Oxford.

Grote, N.K., Bledsoe, S.E., Wellman, J., & Brown, C. (2011). Depression in African American and white women with low incomes: The role of chronic stress. In L.E. Davis (Ed.), *Racial disparity in mental health services: Why race still matters.* Routledge

Bledsoe, S.E. & **Grote, N.K.** (2008). Treating depression during pregnancy and the postpartum: a preliminary meta-analysis. In M.G. Vaughn, M. Howard, & B. A. Thyer (Eds.), *Readings in Evidence-Based Social Work: Synthesis of the Intervention Knowledge Base.* Los Angeles: Sage.

Zuckoff, A.M., Swartz, H.A., & **Grote, N.K.** (2015). Motivational interviewing as prelude to psychotherapy for depressed women. In H. Arkowitz, H. Westra, W. R. Miller, & S. Rollnick (Eds.). *Motivational interviewing in the treatment of psychological problems. 2nd Edition.* pp. 136-169. New York: Guilford.

Grote, N. K., & Frieze, I. H. (2005). Remembrance of things past: Perceptions of marital love from its beginnings to the present. In W. Dragon & S. Duck (Eds.). *Understanding Research in Personal Relationships.* Thousand Oaks, CA: Sage Publications.

Clark, M. S., Graham, S., & **Grote, N. K.** (2002). Bases for giving benefits in marriage. What is ideal? What is realistic? What really happens? In P. Noller and J. Feeney (Eds.), Understanding marriage: Developments in the study of couple interaction (pp. 150-176). Cambridge: Cambridge University Press.

Treatment Manuals (unpublished):

Swartz, H., **Grote, N.K.**, Frank, E., Bledsoe, S.E., Fleming, M.A.D., & Shear, K. *Brief interpersonal psychotherapy (IPT-B): A treatment manual.* (unpublished).

Zuckoff, A., Swartz, H., **Grote, N.K.**, Frank, E., Bledsoe, S.E., & Spielvogel, H.

Engagement session: A treatment manual. (unpublished).

Op-Ed Article

Grote, N.K. (May 14, 2005). Depression during pregnancy: A public health risk women can do something about. The New Pittsburgh Courier.

PROFESSIONAL PRESENTATIONS:

National and International Conferences

Grote, N.K., Katon, WJ, and Lohr, MJ. (June, 2015). *Incremental benefit-cost of MOMCare: Collaborative care for perinatal depression in economically disadvantaged women.* 7th International Conference of the International Society of Interpersonal Relationships. London, UK.

Grote, N.K., Katon, WJ, and Lohr, MJ. (June, 2015). *Results of MOMCare: Culturally Relevant Treatment Services for Perinatal Depression.* 6th International Conference of the International Society of Interpersonal Relationships. London, UK.

Moore, M., **Grote, N.K.**, & Lindhorst, YT. (January, 2014). Why Social Work? Providing a Research-Based Rationale for Social Work Services in the Era of the Affordable Care Act. Round Table. SSWR 18^h Annual Conference, San Antonio, TX.

Flynn, H., **Grote, N.K.**, & Swartz HA (June, 2013). Using Motivational Interviewing to Enhance engagement and adherence to IPT. 5th International Conference of the International Society of Interpersonal Relationships. Iowa City, IA.

Grote, N.K., Katon, WJ, and Lohr, MJ. (June, 2013). *Description of MOMCare: Culturally Relevant Treatment Services for Perinatal Depression.* Symposium: Four Ways of Looking at IPT for Perinatal Depression. 5th International Conference of the International Society of Interpersonal Relationships. Iowa City, IA.

Grote, N.K., Katon, WJ, and Lohr, MJ. (January, 2013). *Description of MOMCare: Culturally Relevant Treatment Services for Perinatal Depression.* Symposium: Interventions in the Real-World: A Lot At Stake. SSWR 17th Annual Conference, San Diego, CA,

Grote, N.K. (June, 2011). "Description of MOMCare: Culturally Relevant Treatments for Perinatal Depression", presented on the peer-reviewed panel, *Beyond the Traditional Mental Health Clinic Walls: Innovative Applications of IPT.* The 4th International Conference of the International Society for Interpersonal Psychotherapy. Amsterdam, The Netherlands.

Grote, N.K., Swartz, H.A., Flett, H., Flynn, H.A. (June, 2011). "Integrating Motivational Interviewing and IPT. The 4th International Conference of the International Society for Interpersonal Psychotherapy. Amsterdam, The Netherlands.

Grote, N.K., Bridge, J., Gavin, A., Melville, J., Iyengar, S., & Katon, W. (January, 2011). *A meta-analysis of depression during pregnancy and the risk of preterm birth, low birth weight, & intrauterine growth restriction.* SSWR 14th Annual Conference, Tampa, FLA.,

Grote, N.K., Bridge, J., Gavin, A., Melville, J., Iyengar, S., & Katon, W. (October, 2010). *A meta-analysis of depression during pregnancy and the risk of preterm birth, low birth weight, and intrauterine growth restriction.* Marce Society, Pittsburgh, PA.

Grote, N.K., Katon, W.J., Swartz, H.A., Geibel, S., & Frank, E. (March, 2009). *Impact of maternal abuse and neglect on the outcomes of a perinatal depression trial*. The 3rd International Conference of the International Society for Interpersonal Psychotherapy. New York, New York.

Grote, N.K., Katon, W.J., Swartz, H.A., Geibel, S., & Frank, E. (January, 2009). *Impact of maternal abuse and neglect on the outcomes of a perinatal depression trial*. Society for Social Work and Research 13th Annual Conference. New Orleans, LA.

Castillo, E.; Conner, K., Grote, N.; Copeland, V., Reynolds, C. F.; Brown, C. (December, 2008) *Racial identity, depression stigma, & mental health treatment in African-American elders*. University of Pittsburgh Institute on Aging Research Day. Pittsburgh, PA.

Conner, K.O, Copeland, V., Grote, N.K., Koeske, G., Rosen, D., & Brown, C. (January, 2009). *Barriers to treatment and cultural coping strategies for African American older adults with depression*. Society for Social Work and Research 13th Annual Conference. New Orleans, LA.

Conner, K.O, Copeland, V., Grote, N.K., Koeske, G., Rosen, D., & Brown, C. (January, 2009). *Mental health treatment seeking among older adults with depression: The impact of stigma and race*. Society for Social Work and Research 13th Annual Conference. New Orleans, LA.

Grote, N.K., Swartz, H.A., Geibel, S., Zuckoff, A., & Frank, E. (2008, January). *Culturally relevant brief interpersonal psychotherapy for perinatal depression*. Society for Social Work and Research 12th Annual Conference: "Research that Matters," Washington, DC.

Grote, N.K., Swartz, H.A., Geibel, S., & Frank, E. (2007, July). *Culturally relevant brief interpersonal psychotherapy for perinatal depression*. The Nineteenth NIMH Research Conference on Mental Health Services MHSR: Expanding the Impact of Mental Health Services Research. Washington, DC.

Grote, N.K., Swartz, H.A., Geibel, S., & Frank, E. (2006, November). *Culturally relevant brief interpersonal psychotherapy for perinatal depression*. International Society of Interpersonal Psychotherapy's Second International Conference: Extending the Reach of IPT. Toronto, CA.

Grote, N.K., & Geibel, S. (2006, November). *Teaching Interpersonal Psychotherapy in a School of Social Work MSW Program*. International Society of Interpersonal Psychotherapy's Second International Conference: Extending the Reach of IPT. Toronto, CA.

Grote, N.K., Bledsoe, S.E., Larkin, J., & Brown, C. (2005, June). *Stress frequency and depression in disadvantaged women: The protective effects of optimism and perceived control*. Refereed poster presented at the Fifth Annual Western Psychiatric Institute and Clinic Research Day, Department of Psychiatry, University of Pittsburgh Medical Center, Pittsburgh, PA.

Grote, N.K., Bledsoe, S.E., Larkin, J., & Brown, B. (2005, January). *Depression in African American and White women with low-incomes: The role of chronic stress*. Refereed paper presented at the Ninth Annual Conference of the Society for Social Work and Research. Miami, FLA.

Grote, N.K., Bledsoe, B., Swartz, H., & Frank, E. (2004, June). *Feasibility of using Brief Interpersonal Psychotherapy for Depression in Low-income Ob/Gyn Patients*. Refereed paper presented at the First International Conference on Interpersonal Psychotherapy. Pittsburgh, PA.

Frank, E., Cyranowski, J., Olshansky, E., Swartz, H.A., Grote, N.K., & Bledsoe, S.E.. (2004, May). *Individualizing interpersonal psychotherapy for mood disorders*. Refereed symposium presented at the American Psychiatric Association 157th annual meeting, New York, NY.

Grote, N.K., Bledsoe, S.E., & Swartz, H.A. (2004, January). *Enhancing social networks and the amelioration of depression in low-income, pregnant women*. Refereed paper presented at the symposium (Co-Organizer), "Social Support in Social Work Practice: Conceptual and Empirical Applications." Eighth Annual Conference of the Society for Social Work and Research. New Orleans, LA.

Grote, N.K., Clark, M.S., & Moore, A. (2002, July). *Perceptions of Injustice in Family Work: The Role of Husbands' Depressive Symptoms*. Refereed paper presented at the International Association for Relationship Research Conference, Halifax, Nova Scotia.

Grote, N.K., Swartz, H., & Bledsoe, B. (2002, June). *Feasibility of using brief interpersonal psychotherapy for depression in low-income Ob/Gyn patients*. Refereed poster presented for Research Day, Western Psychiatric Institute and Clinic, Pittsburgh, PA.

Grote, N.K., Swartz, H., & Bledsoe, B. (2002, May). *Feasibility of using brief interpersonal psychotherapy for depression in low-income Ob/Gyn patients*. Paper, University of Pittsburgh School of Medicine, MHIRC, Treatment Development and Assessment Core Lecture Series, Pittsburgh, PA.

Grote, N.K., Swartz, H., & Bledsoe, B. (2002, April). *Feasibility of using brief interpersonal psychotherapy for depression in low-income Ob/Gyn patients*. Refereed poster presented at the Eli Lilly and Biological Psychiatry "Difficult-to Treat-Depression" conference, San Francisco, CA.

Duncan, S., & Grote, N.K. (November, 2001). *The relationship between controllability, worry, and fear in a distressed and nondistressed sample*. Refereed poster presented at the 35th annual Association for the Advancement of Behavior Therapy, Philadelphia, PA.

Grote, N.K. (April, 2001). *Group work with expectant high-risk couples: Preventing postpartum depression and marital distress*. Refereed paper presented at the 16th Annual Symposium on the Empirical Foundations of Social Work, George Warren Brown School of Social Work, St. Louis, Mo.

Duncan, S., & Grote, N.K. (March, 2001). *The relationship between controllability, worry, and fear in a distressed and nondistressed sample*. Refereed poster session presented at the Anxiety Disorders Association of America's 21st National Conference in Atlanta, GA.

Lillie, C., Grote, N. K., & Clark, M. S. (June-July 2000). *Attachment and perceptions of parenting*. Refereed paper presented at the INPR/ISSPR Conference in Brisbane, Australia.

Moore, A.C., & Grote, N.K. (June 1999). *Psychological distress in marriage: Links with distributive justice norms and perceived fairness of the division of housework*. Refereed poster presented at the INPR/ISSPR Conference in Louisville, KY.

Seldera, M., & Grote, N.K. (June 1999). *Bicultural competence: Links with social support and social network diversity*. Refereed poster presented at the INPR/ISSPR Conference in Louisville, KY.

Grote, N.K. (June 1998). Organizer of refereed symposium at the International Society for the Study of Personal Relationships in Saratoga Springs, N.Y., *Perceived injustice in close relationships: When do issues of fairness arise?* Presenters included: M. S. Clark, *Emotional states and the adoption of distributive justice norms*; N. K. Grote, *Perceived unfairness in the family: Cause or consequence of marital distress*; E. S. Kluwer, *Negotiating a division of labor in close relationships; the "voice effect"*; H. Fruedenthaler and G. Mikula, *What makes women perceive the gendered division of household labor as unfair?*

Grote, N. K. & Clark, M. S. (July 1997). *Changes in fairness processes and marital quality across the transition to parenthood*. Refereed paper presented at the Institute for Social Justice Research, Potsdam, Germany.

Grote, N. K., & Clark, M. S. (June 1997). *Changes in fairness processes and marital quality across the transition to parenthood*. Refereed paper presented at International Network of Personal Relationships, Oxford, Ohio.

Grote, N. K. & Clark, M. S. (August 1996). *Links between perceived fairness in family work and marital quality before the birth of the first child*. Refereed paper presented at the International Society for the Study of Personal Relationships, Banff, Canada.

Grote, N. K., & Clark, M. S. (February 1996). *Associations among stress, spouse comparisons, perceived fairness of family work, and marital quality*. Refereed paper presented at the Association for Women in Psychology, annual conference, Pittsburgh, PA.

Grote, N. K., & Clark, M. S. (July 1996). *Distinguishing between relationship responsibilities and relationship costs in the prediction of relationship quality*. Refereed poster presented at International Network of Personal Relationships, Seattle, WA.

Grote, N. K., & Clark, M. S. (May 1996). *Links between perceived fairness in family work and marital quality before the birth of a first child*. Refereed paper presented at the Nag's Head Conference on Close Relationships, Highland Beach, Florida.

Grote, N. K. (June 1995). *Social comparisons and perceived fairness in family work*. Refereed paper presented at Nag's Heart Conference on Narrative and the Life Story. Amherst, MA.

Grote, N. K. (May 1995). *Children, division of family work, and marital satisfaction: 'What's love got to do with it?'* Refereed paper presented at the International Network of Personal Relationships conference, Williamsburg, Va.

Grote, N. K. (May 1994). *Love and power in marriage*. Refereed paper presented at the Nag's Heart Conference on Close Relationships. Highland Beach, Florida.

Grote, N. K., & Frieze, I. H. (June 1993). *Love in the afternoon: Perceptions of love before and after marriage in middle-aged married men and women*. Refereed paper presented at the International Network of Personal Relationships, Milwaukee, WI.

Grote, N. K., & Frieze, I. H. (July 1992). *Friendship-based love in intimate relationships*. Refereed paper presented at the International Society for the Study of Personal Relationships Conference, Orono, ME.

Invited Presentations

Grote, N.K. (November, 2015). *Culturally Relevant Treatment Services for Perinatal Depression*. Second Biennial Perinatal Mental Health Conference, Chicago, IL.

Grote, N.K. (May, 2015). *Engaging Individuals with Depression in Mental Health Care: Results from Two Randomized Trials*. Group Health Research Institute.

Grote, N.K. (February, 2015). *Results of MOMCare: Culturally Relevant Treatment Services for Perinatal Depression*. Seattle-King County Public Health.

Grote, N.K. (June, 2014). *Development and Preliminary Results of MOMCare: Culturally Relevant Treatment Services for Perinatal Depression*. Seattle-King County Public Health.

Grote, N.K. (April, 2014). *Interpersonal Psychotherapy for Perinatal Depression*. Washington State Psychiatric Association Annual Conference. Seattle, WA.

Grote, N.K. (April, 2014). *Development and Preliminary Results of MOMCare: Culturally Relevant Treatment Services for Perinatal Depression*. University of Washington School of Social Work, Research Roundtable.

Grote, N.K., (December, 2013). *Preliminary Results of Culturally Relevant Treatment Services for Perinatal Depression*. Internet-based Reproductive Health Interest Group.

Grote, N.K. (May, 2013). *Description of MOMcare: Culturally Relevant Treatment Services for Perinatal Depression*. Implications of Perinatal Mental Health on Family. UW School of Nursing, Seattle, WA.

Grote, N.K., Katon, W.J., & Lohr, M.J. (October, 2012). *MOMCare: Culturally Relevant Treatment Services for Perinatal Depression*. "Acting together around childbirth." International Biennial Congress of The Marcé Society. Paris, France.

Grote, N.K. (April, 2012). *Introduction to Interpersonal Psychotherapy for Perinatal Depression*. Perinatal Mental Health Conference- Interprofessional Approaches to Perinatal Mental Illness: Assessment and Treatment. UW School of Nursing, Seattle, WA.

Grote, N.K. and Kelly, R. (December, 2011). *The Kaleidoscope of Perinatal Mental Health: Understanding and Working With Women (and their Families)*. Public Health Seattle King County Public Health Nurse Training, Seattle, WA.

Grote, N.K. (September, 2011). *Addressing community factors in the engagement process*. NIMH: Closing the Gaps: Reducing Disparities in Mental Health Treatment Through Engagement. Bethesda, MD.

Grote, N.K. and Clark, C. (March 2011). *A look at depression and how to feel better*. Grays Harbor College, Grays Harbor, WA.

Grote, N.K., and Gavin, A., Melville, J., Iyengar, S., & Katon, W. (Nov. 2010). *A meta-analysis of depression during pregnancy and the risk of preterm birth, low birth weight, and intrauterine growth restriction*. West Coast Poverty Center, University of Washington.

Grote, N.K. (November, 2010). *Maternal perinatal depression: Evidence-based treatments and the MOMCare Program*. Postpartum Support International Conference, Seattle, WA.

Grote, N.K. (September 2010). Maternal depression and evidence-based treatment options. IMPACT Conference, University of Washington Department of Psychiatry and Behavioral Sciences, Seattle, WA.

Grote, N.K. (September, 2009). Engaging socio-economically disadvantaged, pregnant women with depression in mental health treatment. NCAST Institute Annual Symposium. University of Washington School of Nursing, Seattle, WA.

Grote, N.K. (December, 2009). Development and Description of MOMcare: Culturally Relevant Treatment Services for Perinatal Depression. CHAMMP Program Address Harborview Hospital, University of Washington Department of Psychiatry and Behavioral Sciences, Seattle, WA.

Grote, N.K. (2008, November). Engaging socio-economically disadvantaged women with depression in mental health treatment. *Mental Health Integration Program for Behavioral Health (GA-U)*. Seattle, WA.

Grote, N.K. (2008, February). Engaging socio-economically disadvantaged women with depression in mental health treatment. *Northwest Center for Children and Families: "Promising Practices and Interventions in Chronic Neglect."* School of Social Work, University of Washington.

Grote, N.K. (2008, January). Engaging socio-economically disadvantaged women (and men) with depression in evidence-based mental health treatments. *Foster Care Assessment Program*. School of Social Work, University of WA.

Grote, N.K. (2007, October). *Engaging women who are economically disadvantaged and depressed in evidence-based treatments*. Invited presentation for Cultivating Change: Second Annual Washington State Family Engagement Summit, Seattle, WA.

Grote, N.K. (2007, June). *Enhancing Interpersonal Psychotherapy for Perinatal Depression: Rationale for and Results of a Randomized Pilot Study*. Invited presentation for the Department of Psychiatry and Behavioral Sciences, University of Washington, Seattle, WA.

Grote, N.K. (2006, October). *Overcoming barriers to care: Engaging women with depression in effective psychotherapeutic treatments*. Invited address for "Depression Care for Women across the Life Span", a conference sponsored by Western Psychiatric Institute and Clinic, University of Pittsburgh School of Medicine, LEAD, Magee Women's Hospital, Healthy Start, and Allegheny General Hospital, Pittsburgh, PA .

Grote, N.K. (2006, January). *Overcoming barriers to care: Engaging African American Women with low incomes and depression in evidence-based treatment*. Invited address for the Pittsburgh Aids Center for Treatment (PACT), University of Pittsburgh Medical Center, Pittsburgh, PA.

Swartz, H.A., & Grote, N.K. (2005, November). *Adapting Evidenced-based Depression Treatments in Community Settings*. Invited address for the Mental Health Intervention Research Center, Western Psychiatric Institute and Clinic, University of Pittsburgh Medical Center, Pittsburgh, PA.

Grote, N.K. (2005, October). *Overcoming Barriers to Care: Engaging Depressed, Disadvantaged, Minority Women in Evidence-based Treatments*. Invited address for the Center for Race and Social Problems Speaker Series, School of Social Work, University of Pittsburgh.

Grote, N.K., Bledsoe, S.E., Larkin, J., & Brown, B. (2004, December). *Depression in African American and White women with low-incomes: The role of chronic stress*. Invited paper presented at the Women's Mental Health Interest Group, Women's Behavioral Health Care, University of Pittsburgh.

Grote, N.K., Bledsoe, S.E., Larkin, J., & Brown, B. (2004, April). *Depression in African American and White women with low-incomes: The role of chronic stress*. Invited paper presented at the Board of Governor's Meeting, School of Social Work, University of Pittsburgh.

Grote, N.K., Swartz, H., Bledsoe, B., & Frank, E. (2003, September). *Culturally relevant psychotherapy for perinatal depression*. Invited paper presented for the Department of Health Services and Psychiatric Epidemiology Training Program seminar, University of Washington.

Grote , N.K., Swartz, H., Bledsoe, B., & Frank, E. (2003, February). *Culturally relevant psychotherapy for perinatal depression*. Invited paper presented at the Psychiatric Epidemiology Training Program seminar, University of Pittsburgh Medical Center, University of Pittsburgh.

Grote , N.K., Swartz, H., & Bledsoe, B. (2002, May). *Feasibility of using brief interpersonal psychotherapy for depression in low-income Ob/Gyn patients*. Invited paper presented for the Mental Health Intervention Research Center, Western Psychiatric Institute and Clinic, University of Pittsburgh Medical Center, Pittsburgh, PA.

Grote, N.K., Swartz, H., & Bledsoe, B. (2002, April). *Feasibility of using brief interpersonal psychotherapy for depression in low-income Ob/Gyn patients*. Invited paper presented at the "How To" treatment development talk for the Treatment Development Core of the Mental Health Intervention Research Center, Western Psychiatric Institute and Clinic, University of Pittsburgh Medical Center, Pittsburgh, PA.

Grote, N. K. (March 1994). *Perceptions of love before and after marriage? Partnership in heterosexual, gay, and married adults*. Invited paper presented at the Sigma Xi Society Chapter meeting, Smith College, Northampton, MA.

Grote, N. K. (April 1993). *Gender differences in love, work, and politics in the affluent middle class*. Invited paper presented at Smith College for the Project on Women and Social Change, Northampton, MA.

Grote, N. K. (October 1992). *Friendship-based love in intimate relationships*. Invited paper presented at a Smith College Psychology Department Colloquium, Northampton, MA.

PROFESSIONAL SERVICE:

Editorial Reviewing

Race and Social Problems

Editorial Board – December 2008 - present

Research on Social Work Practice 2003-present

Editorial Board - January 2006 - 2009

Personal Relationships 1996 - present

Editorial Board 2001-2005

Women's Health Issues 2008 - present

Cultural Diversity and Ethnic Minority Psychology 2006 - present

Personality and Social Psychology Bulletin 1996 - present

Journal of Personality and Social Psychology 1997 - present

Journal of Marriage and the Family 1998 - present

Journal of Social and Personal Relationships 1995 -present

Journal of Social and Clinical Psychology 1999 - present

Psychology of Women Quarterly 1996 -present

Journal of Gerontology 2000 - present

Journal of Applied Social Psychology 1998 - present

Family Process 2000 – present

American Journal of Psychiatry **2012 – present**

General Hospital Psychiatry 2006-present

Social Psychology 2008 – present

Journal of Orthopsychiatry 2009 – present

Depression and Anxiety 2011 – present.

Journal of Clinical Psychiatry 2012 – present

Comprehensive Psychiatry 2012- present

Professional Memberships (current and recent)

Council on Social Work Education
National Association of Social Workers
Society for Social Work Research
American Psychological Association
International Society of Interpersonal Psychotherapy
Marce Society